



Vis-à-Vis



MEC
PUBLIC SCHOOL
ICSE

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Have a SMART Goal



As you go from one class to the next, your teachers will tell you that you should take more responsibility for your performance in the class and in your exams. Taking responsibility means you need to be more organized in all aspects. That includes managing your subjects and your time.

Planning your work starts with a goal. Every journey has a destination. Similarly, every subject or a chapter in a book will have a goal. You too should have goals goals for every subject, and also bigger goals for your pursuits in education.

Let us now bring the focus on setting goals. Your first question will be what is a goal or how to set a goal. The simple answer is "The goal should be SMART!" Let us elaborate what it means. SMART is an acronym (meaning short form) of the following qualities:

- Specific
- Measurable
- Attainable
- Realistic
- Time-bound

A goal should be specific. You should be able to say I want to be perfect in this particular chapter.

The goal should be measurable. They say what cannot be measured cannot be managed. Someone should be able to say this student has 90% competence in this subject.

The goal should be attainable. There is no point having goals that are hard to achieve. Neither should the goal be very easy to achieve nor very tough to reach.

The goal should be realistic in terms of scope and reachability.

Every goal should have a time-frame. One has to cover so much syllabus within a definite time-frame.

Goal setting becomes easier with practice. Once you start setting goals and achieving them, you will inspire yourself towards higher goals. That is when you start challenging yourself to achieve goals that are out of the ordinary. And once this activity becomes a habit, you have put yourself into a self-propelled path of high potential achievement.

That is the purpose of true education, to transform you as an empowered student, for life.

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Principal's Desk

We at MEC, always believe that every child is special. The children develop different potentials as they evolve, develop into different individuals during the course of their lives. However it's a rock solid foundation that always nurtures a child into a better citizen. This foundation is formed with a collective effort of parents, teachers and educational institutions like ours. We always ensure to give our students the best opportunities and the best all-round education at all times so that the child not only succeeds in this world, but develops those set of values that makes him/her a better citizen for the world around.

Our vision is to produce creative, smart and confident citizens of India who will go out into the world and make us proud!

Let us join hand to achieve this together.

Welcome to MEC.

Anuradha K, Principal

Orientation for Teachers

An orientation program was organised by MEC Institutions. The Director of Academic of MEC Institutions, Dr. H. S. Ganesh Bhatta addressed the teachers. He discussed what should be the role of the teacher in 21st Century.



He oriented teaching is not mere telling, to be a good teacher we must be a good learner. In other words, teachers have to function as facilitators. Teachers have to use appropriate instructional techniques, understand the learners' needs, provide support and of course encourage them.

An effective and competent teacher should always be on his/her toes to take risks and accept new challenges, be receptive to new ideas, good humoured, good at managing classroom, and good at avoiding use of sarcasm.



Welcome Programme

After a long break, our school started on 4th June. Students came very enthusiastically. They were very happy to see their friends and teachers. Teachers arranged a special assembly programme for students. Teachers welcomed them with a melodious Sanskrit song sung by music teacher.

Students wrote their wish on a balloon and blew it in the air. After that they went to their respective classes and interacted with teachers. They also shared their holiday experiences with teachers. It was a great day for all of us.



Nursery

The tiny tots were welcomed to school with lots of love and affection by the teachers. The board was decorated with similes, flowers and balloons. The nervousness was seen on the parents' faces for leaving their child at the school for the first time, which faded away



on seeing the smiling and affectionate teachers. Children were also nervous but calmed down within a few minutes and started playing. We gave them take away gifts.

First time the Pre-Nursery children were holding crayons and colouring kite. They were feeling like they were flying with the kites. With lots of energy they were colouring and by doing this activity, children enjoyed a lot.



Environment Day Celebration

World Environment Day is an annual campaign run by the United Nations on 5th June to raise global awareness about environment and nature to protect the planet Earth.

World Environment Day was celebrated with full enthusiasm by MEC Public School (ICSE). Students and teachers participated in various programmes to spread awareness among neighboring areas.

To mark the day, the school organized a "Nature Walk" for the students who were exhorted to plant more trees in their surroundings. Students raised slogans and displayed posters regarding different environmental issues. All the students took to the streets to highlight sensitive issues of environment and told people to keep their environment clean and healthy to lead a better life.



By Shamath VI Std

Plastic Pollution

Plastic pollution is the accumulation of plastic products in the environment. This adversely affects wildlife, wildlife habitat and humans. Plastic that acts as pollutants are categorised into micro or mesodebris based on size.

Plastics are inexpensive and durable and as a result levels of plastic production by humans are very high.

In Note-In the U.K. alone, more than 5 million tonnes of plastic are used each year, of which only an estimated 24% is recycled.

There are some simple steps that will surely change the amount of plastic product -

- Just say no to straws
- Use reusable bags like jute and paper bags
- Buy copper items instead of plastic. It is very good for health also
- Buy bulk bins.

By Javeriya VI Std

Plastic Hataavo, Duniya Bachaavo

Every day, we use plastic bags to carry vegetables, fruits etc. Plastic is made from petroleum and coal, and impacts environment when disposed. Plastic is a non- biodegradable product.

When we throw plastic on land, it makes the soil less fertile. When we throw it in water, it chokes our ponds and rivers. If animals eat plastic, it gets stuck in their tummy and makes them sick.

So we will try to avoid using plastic and will use more recyclable products.

By Ramya V Std

On World Environment Day, a competition was organised for the students by BWSSB on campus. Students from 4th to 8th Std. participated . The theme was 'Beat Plastic Pollution'.

In this competition, Manohar of 8th Std won the 4th Prize, D B Vivek of 7th Std. got the 2nd Prize and Javeriya of 6th Std. got 3rd Prize.



World Population day

World Population Day is observed on July 11 every year. It seeks to raise awareness of global population issues. The event was established by the Governing Council of the United Nations. It was inspired by the public interest in Five Billion Day on July 11, 1987, the approximate date on which the world's population reached 5 billion people.

In MEC Public School (ICSE), we celebrated the World Population Day with a great spirit. Class 5 students got a chance to arrange a special assembly on that day. Dhanvin, Vikyath and Yashshrei took the responsibility and spread the awareness for others. They also described how it was started, the total number of people on Earth, and what will be the impact of population explosion.

The students linked the menace of population increase with issues like poverty, unemployment, and lack of education. Mrs. Anuradha, Principal of MEC Public School (ICSE) shared her views on the theme.



Some Rules and Regulations in School

- To attend school regularly.
- To respect the right of others to learn.
- To respect teachers regardless of ethnicity.
- To respect the property and equipment of the school .
- To carry out reasonable instructions to the best of their ability .
- To observe the uniform code of the school.
- To read all school notices and bring them to their parents' attention.

- Mahua Begum, Assistant Teacher

मेरी पाठ ाला

जीवन की अनेक घटनाएँ हम भूल जाते हैं; किन्तु कुछ घटनाएँ ऐसी भी होती हैं, जो हमें सदा याद रहती हैं, मेरी स्मृति में वह दिन आज भी ताजा है जो मैं कभी नहीं भूल सकती ।

बात छह साल पहली की है बाल विहार के सारे तीन परीक्षा पास करने के बाद ब्लूअ-बेल बाल-विहार से एम.इ.सी. पाठ ाला का तबादला हुआ। नए विद्यालय में प्रवेश पाने के बाद मुझे खुशी के साथ चिंता भी हुई। मन में कुछ संकोच भी था कि न जाने इस नए विद्यालय में सहपाठी कैसे होंगे और मेरे साथ कैसे बर्ताव करेंगे। दूसरे दिन से जब मैं स्कूल गई तो मेरी झिझक कम हो गई । स्कूल के विद्यार्थी काफी सुलभ तथा अनुशासित दिखाई पड़ रहे थे । विद्यालय के पुराने विद्यार्थी मेरी ओर बड़ी उत्सुकता से देख रहे थे । मेरा यह विद्यालय के अध्यापकों और विद्यार्थी की स्नेह, मेरी ओर बहुत अच्छा रहता आ रहा है ।

मैं आज भी इस विद्यालय में हूँ और अनेक छात्र मेरे मित्र बन गए हैं, और इन यादों को मैं कभी नहीं भूल सकती ।

उर्वेरिया. सी. छठी कक्षा



Affiliated to CISCE, New Delhi. Affiliation No.: KA326

New Town, Yelahanka, Bangalore 560 064

Tel: 88804 41441

Email: enquiry@icse-mec.in, mecps.sfs@gmail.com

www.icse-mec.in, www.mec-edu.in