

Parents' Corner

A Few Words on MEC

We the parents of Rithika. K and Nakshatra.K, are proud to be a part of this esteemed institution. MEC has made a great and positive impact on both our children. I am an alumnus of this prestigious school. MEC must be acknowledged for their value based, innovative, caring and child centred approach. They nurtured the potential and talent of our daughters. We are extremely happy with their performance. The school has excellent teachers and indeed makes every student strong and ensures that each student is able to realize his/her goals and strive for perfection.



On Time, Every Time

As a student, have you ever wondered why being late to school prayer or to class is punished? It is done to ensure that you learn the value of coming on time. When you make a habit of coming on time to an event or activity at school, you are learning the value of giving respect to time. Years later, when you come out of school and you become a lawyer or a doctor, there will be people who you have to meet. The first value in your life has to be give respect to others. You must show that you respect them. If you have to respect them, you have to respect their time. If you have an appointment at 6 pm, you must reach at least 5 minutes before your appointment. So, you are not in an agitated state due to last minute hurry.

When you do not hurry to a class or a meeting, you are in a state of calm and better placed to absorb the inputs and participate effectively in the class or meeting. It becomes easy to learn and master the subject when your mind is calm. But imagine you came late (actually, lot of us come late, right?). You are not aware what the teacher has told the class. You ask your classmate sitting next to you. The teacher notices you are disturbing the class and warns you to be quiet. So, you are not clear what to do. You pretend to be busy. But in reality, you are physically present but mentally absent. In effect, you do not understand the lesson taught. And this can even

cut you off the continuity to the lesson to be taught in the next class, unless you go home and put double effort to study what you missed in the class. This is a small example of what happens when we do not arrive on time for any activity. The time, money and any other

resource that we spend for the completion of the activity, all become unproductive. Punctuality as a habit embeds a host of other values. When you respect the fact that you have to be on time to meet someone or to be part of a class, it is taken that you respect the other person or the commitment. Respect for others is the bedrock of every society. When we respect others, we become tolerant and are able to appreciate the good in the other person/s. We need this virtue in India in the present times, more than ever before. Considering that we are a country with diversity, we need values and ethics that promote unity in thought and action. So, can you imagine what a simple habit of punctuality can do to create homogeneity?

So, instead of giving excuses for coming late, see how you can ensure that you are on time, every time – to a class, to catch a bus, to see a relative, to attend an interview, to the exam hall ... This is one good habit that will inspire and transform you to achieve greater heights!

From the Principal's Desk

We believe that education is a collaborative effort between professionals, teachers and students. It is our goal to make each and every student to succeed. We offer students the best possible opportunities to become confident, thoughtful young learners who are prepared for any future challenges, in an exciting and increasingly globalized world.

Education awakens the power and the beauty that lies within us. Education does not only mean academic excellence but also a harmonious and synchronized combination of hand, head and heart. In the present era of digitalized world, it is the biggest challenge before educators and parents, to nurture the young minds with indelible impressions of holistic education.

We take the opportunity to thank all our stakeholders, especially parents, who have unconditionally trusted us and whole heartedly supported the school.

We shall keep working and providing a safe, conducive and welcoming school environment that will support learning. We as a team will truly encourage positive communication and interaction among students, teachers and wider community.

With the paradigms of education ever changing, let us take the arc of history in our hands and bend it towards a better tomorrow in imaginative and innovative ways.



Kannadam Gelge, Kannadam Baalge

Like the proverb our Karnataka State Day, "Kannada Rajyosthava" was celebrated in Kanteerava Stadium on 1st November. Our honourable Chief Minister, Sri S.M. Basavaraj Bhomai hosted the Karnataka flag. Our school children got a chance to perform a patriotic dance on that occasion and received appreciation from the Chief Minister!



Chintana Navodaya

On **November 4**, Chintana Navodaya Kannada Exams were conducted in our school. Our children from Class 5 to 9 participated in these exams.



Sanskrit Slokas Chanting Competition

Sanskrit is a beautiful contextual language. It is called "Dev Bhasha" the language of the soul. Sanskrit is the traditional language of India. Sanskrit slokas are chanted world over because of their purity and their effect on mental stability of man.

On **November 5**, Sanskrit Slokas Chanting Competition was held at Vishwa Vidyapeet School, our school children participated in this competition.

State Level Open Yoga Championship

Yoga - Yoga means addition of energy, strength and beauty to body, mind and soul.

On **November 5** our school children participated in State Level Open Yoga Championship held at Doddaballapur, and secured Runner up Trophy and as well as individual trophies in various age categories.



CISCE Seminar at Tiruvananthapuram

CISCE Seminar was held at Tiruvananthapuram, Kerala during **November 8-12**. Our Principal, Mrs. Anuradha. K and Mrs. Pallavi attended the seminar.



Science Day



"Science is that tool that has given us the power to change this world and therefore, we must use it wisely."

On **November 9**, Science Day was celebrated in our school premises and various activities and experiments were performed by our students.



Children's Day



"There are no seven wonders of the world in the eyes of a child. There are seven million"

On **November 14**, in our school, Children's Day was celebrated in remembrance of Chacha Nehru. Several activities like games, quiz, and dance were conducted for children. Teachers acted like students and performed a skit. Children enjoyed the day.

Fancy dress competition was conducted for Nursery section. Children were dressed up like soldiers and vendors of fruits and vegetables. All the children enjoyed the moment.

Cultural fest was conducted for 3 days in the school.



Colouring Contest

On **November 25** - Student Development Society organised colouring contest from KG to Class 10. Our school children participated in the competition and won many prizes.

Sports Day

On **December 5**, the Annual Sports Day was inaugurated in our campus. Mrs. Hezel Merry was the chief guest. Dr. Vidya. C, Dr. S. K. Tripathi, Dr. Ganesha Bhatta along with CICSE Principal, Mrs. Anuradha. K and CBSE Principal, Mrs. Jayaprabha inaugurated the annual sports meet. During December 5-9, group and individual games were conducted. The children enjoyed the events and participated in great spirit. Proverbs like **"The only one who can tell you 'you can't win' is you and you don't have to listen"** - were used for motivation. For teachers also various games were conducted. The valedictory ceremony was on **December 17**.



International Scouts and Guides Cultural Fest

International Scouts and Guides Cultural Fest Jamboore was held at Moodabidri, Dakshina Kannada District during December 20-27. Our school children participated. 4 of them were selected for march past held in Jamboore. All our participating students had a great experience. They participated in Yoga, Trekking, Safari and many other activities.



Christmas

On **December 23** Nursery section celebrated Christmas day. Class rooms were decorated and crib was made. All the children were dressed in Red and White colour with saints' caps. All the children enjoyed the celebration.



Van Mahotsav

Van Mahotsav means "Festival of Trees". On this day, we do pooja to the trees. We pray to the *vanadevate* to bless us with good health and peaceful life. On this day, all our relatives come to our native place to do pooja and prepare sweets and delicious food in forest, and offer it in front of trees. Only after this, we take that food believing that god has blessed us. This ritual is celebrated ever year in the month of December.

