

Three Resolutions

Happy New Year 2023!

Every new year brings with it a million hopes. There is excitement in the air and we go out to wish our friends and relatives and celebrate with cakes and sweets. Some of us go out for a small holiday or a day out with the family may be. As children, we all look up to this day, don't we?

Well, there are also many who choose the start of the New Year to make resolutions. Resolutions to make some changes in their eating, or studying or any other behaviours. Indeed it is fun to watch such people. It is said that most people break their resolutions by the 19th day! Actually, statistics has proved it.

Actually, there is nothing wrong with having resolutions, just that there must be a wholehearted will to make the change in your lifestyle.

If you are considering New Year resolutions for 2023, go ahead. But here is a suggestion of 3 resolutions that can significantly transform you and make your learning experience more meaningful:

- 1 Read a book:** Whichever class you are in, reading the experiences of another person is a great way to seek knowledge and fun. Ask your English or Kannada or Hindi teacher (whichever language you are comfortable to read in) to suggest a book outside of your textbooks. It could be a novel, or a collection of stories or whatever. A good book helps you visualize another person or a village or a landscape and lets you wander there. In the process, you get to understand the pains and pleasures of others. This is what true education does: it helps you to become sensitive to the pains and pleasures of people around.



2 Apply knowledge:

What you acquire by listening to your teachers and reading the textbooks is knowledge. You learn maths and science and feel great about learning about the planets and other cosmic stuff. But you must realize one thing: all knowledge is not useful unless it is applied. Whether it is simple multiplication or gravity in physics, true learning happens by application alone. The best way to do this is to be inquisitive, means asking questions. By asking questions about what you are learning, your concepts get clear. When concepts are good, you begin to look at applying what you learn. When you know how to add 2 and 3, you get the confidence to add bigger numbers and same goes for multiplication, and so on.

3 Think of the society:

No person lives for oneself or by oneself. Every person you see around is connected to your life, in some way or the other. The person who delivers milk, the newspaper boy, the vegetable vendor, the garbage picker, ... try to observe how they go about their lives. When you get the opportunity to visit a village, look closely at their lifestyle. You will feel how fortunate you are. Do not stop there. Think how you can support their cause. You may not be able to do it alone. You start a conversation with classmates. How can your group anything for them? It is not how much you do for a social cause, but the fact that you have begun to think in this direction, is important. Maanava seva is Maadhava seva!

All the best!

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From the Principal's Desk

A world class shooter in his mid-30's gets injured his right hand in a grenade accident. So he switched to his left hand and practised and won gold at the 1948 London Olympics at the age of 38. In 1952, at 42 he won a second gold.

As a student you are the only person responsible for your success. The best part of your life will start on the day you decide your life is your own - no one to lean on, rely on or blame. You are in full control of your future. Believe with all your heart that you will do what you were made to do. There is no progress without action. Once you get started, every step afterward is easier, until eventually what had once been invisible starts to become visible, and what once felt unattainable starts to become a reality.

You must believe you can. You must find the place inside yourself where anything is possible.

- It starts with a dream.
- Add confidence and it becomes a belief.
- Add commitment and it becomes a goal in sight.
- Add action and it becomes a part of your life.
- Add determination and time and your dream becomes a reality.



Celebrations: Splendid

On 15th August, our school participated in the 76th Independence Day celebration, Azadi Ka Amrit Mahotsav, at Hoysala Grounds, which added a date to save day in our calendar as a part of celebration.



Investiture Ceremony

"Leadership is not about titles, position or work hours. It's about relationship".

Investiture ceremony was held on 8th August 2022. Pinning of the badges for the elected students was done by Dr S K Tripathi and Mrs Anuradha K and the oath was taken by the students to be a responsible leader of the school



Independence Day

The 76th Independence Day celebration Azadi Ka Amrit Mahotsav was celebrated with zeal to commemorate 75 years of independence by MECians. The national flag was hoisted by Dr S K Tripathi, followed by march past by the students of Grades 3-10. Drill performance by the students of Grades 1 and 2, fancy dress by our nursery students and cultural activities enhanced the celebration. Our school participated in the celebration at Hoysala grounds, Yelahanka New Town.



Krishna Janmashtami

Krishna Janamastami was celebrated by our tiny tots by dressing as little Krishna and Radha. In association with ISKCON Seshadripuram on 20th August in Multipurpose hall - Bhajans, Shloka recitation competition was conducted and students were awarded with the certificated of recognition.



Ganesha Chaturthi

On 31st August, Ganesha Chaurthi was celebrated at MEC campus and all of us prayed to the Almighty for

लोकाः समस्ताः सुखिनो भवन्तु

(Lokah Samastah Sukhino Bhavantu).

Literary Week

Literary Week is an exciting annual feature on our school calendar. It aims at infusing in the children across the classes, an appreciation, understanding and love for literature.

Kannada

Kannada literature is a heritage of janapadageethe, daasara pada, vachana and Jnanapitha award winners. Students made the presentation accordingly.



Sanskrit

Sanskrit is the classical Indian language. As a part of the Literary Week, Sanskrit was among all languages. Bhagavad Geetha, Shloka chanting and songs about Sanskrit was sung.

English

The one of the most spoken language in the world was embraced with the slogan writing, creating posters about the language were the activities conducted. On 8th September, Literary Day was celebrated. Followed by speech on the Literary day. On Women's Literacy day charts, slogans were displayed and speech was delivered by Ramya. On 9th September, interesting facts about English language and action song was conducted by 6th and 7th grade. On 10th September, Manoj Kumar recited a poem and 8th and 9th gave brief introduction about the poets and author. On the last day, a song "Hearts of the tree" and a story with a moral was narrated by the students of 9th and 10th grades.



Hindi

Hindi being the official language of the central administration and very rich in its literature, Hindi Saptaha was filled with *dohavachan*, *balgeet*, *kavitavachan* and a skit was performed.



Teacher's Day

In the remembrance of Dr S Radhakrishnan, Teachers' Day is celebrated on 5th September of every year. Students of Grades 9 & 10 celebrated with great energy. Songs and dances were part of the entertainment and students conducted games for the teachers.



Sir M. Vishweshwaraiah Jayanthi - Engineer's Day

Engineers' Day was celebrated on 15th September 2022 in the remembrance of Sir M Vishweshwaraiah, for his excellent work in constructing dams, reservoirs and hydroelectric projects. Our pre-primary children displayed the photo and teachers spoke about his contribution to the society.

World Ozone Day

World Ozone Day is observed every year on September 16 to highlight and spread awareness about the significance of the Ozone layer for the protection of the Earth. It is celebrated worldwide with a theme announced by UNO.

Dasara Celebration

Dasara has its own importance. It is celebrated for two reasons. First: the festival is associated with the prominent battle that took place between goddess Durga and the demon Mahishasura to celebrate the victory of good over evil. Second: to mark the triumph of Rama, an avatar of Vishnu, over the 10-headed demon king Ravana, who abducted Rama's wife, Sita.

Our pre-nursery team displayed the dolls titled "Pattada Bombe", which are said to be the royal dolls and added to the traditional flavours of the occasion.

Gandhi & Lal Bahadur Shastri Jayanthi

Lal Bahadur Shastri was a true hero whose dedication, courage and vision were extraordinary. Mahatma Gandhi is called the father of our nation. Birth anniversaries of these two great personalities who had a bright vision for India, were celebrated by singing bhajans and cultural activities. Dr. S K Tripathi shared his ideas how ahimsa has to be followed not only by physical aspect but also through by abstract as well.



UNO Day

United Nations Day, on 24 October, marks the anniversary of the entry into force in 1945 of the UN Charter. The main aim is peace, dignity and equality on a healthy planet. On United Nations Day, we celebrate this institution and its enduring commitment to advancing peace, protecting human rights, and promoting comity between nations and among the broader international community.

Students of Grade 5-10 briefed about the UNO and its functional organisation and their responsibilities to the world.



Ekta Diwas

Every year on October 31, the Rashtriya Ekta Diwas, or National Unity Day, is observed to mark the birth anniversary of Sardar Vallabhbhai Patel, known as the Iron Man of India. Rashtriya Ekta Diwas 2022 marks the 147th birthday of Sardar Vallabhbhai Patel.

Special assembly was organised to convey the importance of this day and his contribution to independent India.

Duties & Responsibilities of Students in School

Student life is Golden Life

It is generally considered that 'students life is a golden life' because it is the most crucial part of the life of an individual.

Rights & duties of school student

Student responsibility occurs when students take an active part in their learning by recognizing they are accountable for their academic success. It is demonstrated when they make choices & take actions that lead them towards their goal of education.

There are some roles & responsibilities of a student that should & need to be performed in school during school life. Let us read & know about these:

1. Meeting Academic Expectations

Developing a creative learning environment while displaying values of teamwork and unity are some of the values required to meet the academic expectations of students.

2. Being Punctual & Respectful

By being respectful, students contribute to a healthy learning environment and lessen distractions and disciplinary actions. They are also supposed to be punctual. Being late for school develops their bad image which thus has a negative impact on their grades as well. Thus, it is very important for them to maintain discipline in the classroom & understand time management.

3. Being in the best of behaviors

School plays an important role in the process of socializing. That means an educational environment is required to ensure that the students gain access to quality education. In any case, to exist in such a condition, they are expected to comply with behavioral expectations and display values like politeness, kindness, compassion, generosity, sympathy, and respect.

Below given is a list of duties that students should/ must likely perform in schools:

4. Obey all the teachers

Students should behave respectfully & obediently with their teachers & other members.

5. Maintain discipline in the class as well as in school

They must be well-disciplined not just in school, classrooms but also everywhere.

6. Keep the school neat and clean

They should always maintain cleanliness with their books, classroom, school, home, and bedroom. They should:

☑ Greet everyone with a smile & respect

☑ Be helpful & kind to others

They must be true, obedient, and loving towards their parents and elders. They should show love & affection towards primary students as well and treat all equally with patience & kindness.

7. Follow the rules & regulations of the school

They should go to school on time and maintain proper punctuality attend classes on time regularly. They need to understand their moral responsibilities & behavior towards school & other classmates.

8. Do the assigned work on time

It is a well-known saying/ proverb: "Finish tomorrow's tasks today,

And today's tasks right now.

When would you finish them,

If the world were to end in the next moment."

They should learn & complete the day's task beforehand at home instead of leaving it for tomorrow.

9. Participate in various school activities organized

They should be active members in various classroom & school activities conducted or organized from time to time. They should proficiently participate in different sports, cultural clubs, tours & picnics conducted by the school.

10. Co-operate with teachers & other students

Students must be fair on the playground & support all their team members (other players). They should pay attention to what all is going on in class and should also listen to what the teacher is teaching.

11. Decorate their school with charts, posters, etc.

They should do exercise, yoga & meditation every day for better health.

They should not tell a lie at any cost because it brings sorrow in life. Always say the truth whether it is right or wrong.

Students play a significant role in managing their schools and classrooms. But, this is not enough for them. They are expected to leave their customary ranges as capable citizens and contribute towards the development of the society they are living in.

Students are the future of a nation. They should try to become the best citizens & human beings to respect their country as far as they can. These are some rights & responsibilities of students in school.



Good Parenting

What traits do good parents have in common?
Are there certain things that some people do that make them good parents(or not good parents)?

Of course, the characteristics of a good parent aren't fixed or absolute. What may seem like good parenting to one person may not fit that definition for someone else. But generally speaking, few traits and habits can be found in parents who are practicing good parenting skills.

Every child is different and so is every parent, and every family has unique needs and circumstances. But most kids will benefit from parents who strive to provide care, attention and unconditional love- but set expectations for behaviour too.



Few traits of good parenting:

- ☐ Guide and support your child.
- ☐ Encourage Independence.
- ☐ Be mindful that they are watching.
- ☐ Avoid being mean, spiteful, or unkind.
- ☐ Show your kids you love them.
- ☐ Apologize for your mistakes.
- ☐ Discipline your child.
- ☐ See your child for who they are.
- ☐ Keep track of your child.
- ☐ Teach your child to be good person.
- ☐ Connect with your child
- ☐ Listen to your child.

Collected by **Amruta. P**

Photosynthesis

*Take one scoop rain
Add one scoop air
mix inside green leaves with care
Bake in sunshine
Bright and strong
Cook each day
All day long
make a food to grow on
A meal just right
to feed a tree-sized appetite.*

- **M. S. Harshitha, Grade 4**



*The little baby plants
are waiting for food
Take a cup of rain
take a cup of air
Mix inside the leaf
cook in the sunlight
bright and shiny
Little baby plants
said 'yummy'!*

- **Samhita T. N., Grade 4**